

What to sow when

Find out what seeds to sow each month using this handy seed calendar



January

All areas:

Corn, cucumbers, gems, marrows, peppers, spring onions.

In all except very hot areas:

Beans, cabbages.

In cool areas only:

Beet, broccoli, carrots, celery, lettuce, potatoes, radish, Swiss chard.

In frost-free areas only:

Brinjals.

In warm areas only:

Pumpkins, tomatoes.



February

All areas:

Beans, beet, broccoli, cabbages, carrots, celery, lettuce, radish, Swiss chard, spring onions.

In frost-free areas only:

Brinjals, corn, cucumbers, gems, peppers, potatoes, pumpkins, tomatoes.

March

All areas:

Beet, broccoli, cabbages, cauliflower, carrots, celery, lettuce, leeks, radish.

In frost-free areas only:

Beans, corn, cucumbers, gems, marrows, potatoes, peas.

In hot areas only:

Brinjals, peppers, pumpkin.

April

All areas:

Beet, broccoli, carrots, radish.

In frost-free areas only:

Beans, corn, gems, marrows, potatoes.

In hot areas only:

Brinjals, celery, cucumbers, peppers, pumpkins, tomatoes.

Use caution in cold areas:

Cabbages, cauliflower, lettuce.

May

All areas:

Broad beans, broccoli, cabbages, carrots, lettuce, onions, radish, Swiss chard, turnips.

In frost-free areas only:

Beans, beet, corn, gems, marrows, peppers, potatoes, tomatoes.

In cool areas only:

Cauliflower, leeks.

In hot areas only:

Cucumber, pumpkin.



June

All areas:

Beet, broccoli, cabbages, carrots, cauliflower, lettuce, onions, radish, Swiss chard, turnips.

In frost-free areas only:

Beans, brinjals, corn, gems, marrows, peppers, potatoes, pumpkins, tomatoes.

In hot areas only:

Cucumber.

In cool and mild areas:

Leeks.



July

All areas:
Beet, broccoli, cabbages, carrots, cauliflower, lettuce, onions (southern Cape only), radish, turnips.

In frost-free areas only:
Beans, brinjals, corn, gems, marrows, peppers, pumpkins, tomatoes.

In hot areas only:
Cucumber.

In all except hot areas:
Leeks, peas, potatoes, Swiss chard.

August

All areas:
Beet, broccoli, cabbages, carrots, lettuce, onions (long day length types), radish, turnips.

In all except hot areas:
Potatoes, Swiss chard.

In frost-free areas only:
Beans, brinjals, gems, marrows, mealies, peppers, tomatoes.

In cool areas only:
Leeks.

In hot areas only:
Cucumbers.



September

All areas:
Cabbages, lettuce, radish.

When frost has passed:
Beans, brinjals, corn, gems, marrows, peppers, pumpkins, tomatoes.

In all except hot areas:
Beet, broccoli, carrots, Swiss chard.

In frost free areas only:
Cucumber.

In cooler areas only:
Leeks, potatoes, turnips.

October

All areas
Beans, brinjals, corn, cucumber, gems, marrows, peppers, pumpkin, tomatoes.

In all except very hot areas:
Beet, broccoli, cabbages, carrots, lettuce, leeks, radish, Swiss chard.

In cool areas only:
Cauliflower, potatoes, turnips.

November

All areas:
Brinjals, corn, cucumber, gems, marrows, peppers, tomatoes.

In all except very hot areas:
Beans, broccoli, cabbages, radish.

In cool areas only:
Beet, carrots, cauliflower, lettuce, leek, potatoes, Swiss chard, turnips.

December

All areas:
Cabbages, cucumber, corn, gems, marrows, peppers, radish, tomatoes.

Except in hot areas:
Beans, beet.

In cool areas only:
Broccoli, carrots, cauliflower, celery, lettuce, leeks, potatoes, Swiss chard, turnips.



For companion planting ideas, see page 46