

MANZI's "TIME FOR NATURE" GAME

The foods we eat, the air we breathe, the water we drink and the climate that makes our planet livable, all come from nature. To care for ourselves we must care for nature. It's time to wake up. To take notice. To raise our voices. It's time to **build back better** for People and Planet. This World Environment Day (5 June), it's **Time for Nature**. Why don't you play this memory game and see how important nature is in your life?



HOW TO PLAY:

- Print this page onto cardboard or paper. Cut out all the cards using scissors.
- Place all the cards face down on a table and mix them all up. Arrange them in a square shape.
- Each player must turn over two cards at a time. If the cards do not match, turn them back over.
- The next player uncovers two cards. When two cards are matched that player keeps the set of two cards and reads the information about those cards on page 2. That player continues until the cards do not match.
- The winner of the game is the player with the most sets of two cards.



TREASURE CHEST BY NATURE #ForNature WORLD ENVIRONMENT DAY UN environment programme	 SERVICES BY NATURE #ForNature WORLD ENVIRONMENT DAY UN environment programme	 RECREATION BY NATURE #ForNature WORLD ENVIRONMENT DAY UN environment programme	 NUTRITION BY NATURE #ForNature WORLD ENVIRONMENT DAY UN environment programme	 CARBON CAPTURE BY NATURE #ForNature WORLD ENVIRONMENT DAY UN environment programme
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Artwork: United Nations Environment Programme
<https://www.un.org/en/observances/environment-day>
 #ForNature and #WorldEnvironmentDay

"TIME FOR NATURE" INFORMATION CARDS



The ocean is an important source of food; it produces oxygen; it controls the Earth's climate; and has amazing, beautiful creatures. Throw your litter in a dustbin so that it does not land up in rivers and eventually the ocean. Take care of our oceans!



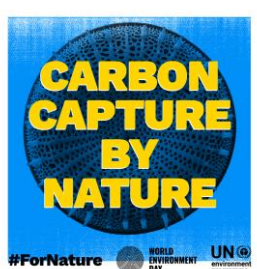
Nature provides food and clean water, the pollination of crops, climate control and ecotourism. These are some of nature's valuable services which are very special! Care for Mother Nature!



There are many outdoor activities where humans can experience nature: picnics, game drives, fishing, hiking, horse riding, camping, cycling, canoeing, running, surfing, skiing, etc. These activities help humans connect with nature!



Next time you have a meal take a look at the food on your plate. Every food item comes from nature, whether it is fish, meat, chicken, eggs, vegetables, fruit, etc. They all provide nutrition for life. All life must be respected and taken care of!



A wetland is a wet area where water plants and animals are found, and there is a special type of soil. Dead plant material gathers in wetland soils (called peat). Carbon is trapped in these soils. Wetlands are special and must be cared for!



The bee pollinates plants so that the Earth has food, oxygen and beauty. Make a bee water station at home using marbles. Please take care of nature's bees!



Whether we live on a farm or in the city our lives depend on nature for food, for clothes, for building materials, for jobs, etc. We need to respect and take care of nature!



Earthworms eat waste, such as scraps of fruit and vegetables, dirt and leaves. They are nature's recyclers as they turn waste into fertilizer. They also allow air to enter the soil. Start an earthworm farm in a box and feed them your organic waste. Take care of earthworms!



Leaves are the main photosynthetic organs of plants. Photosynthesis is the process when green plants take in carbon dioxide, produced by breathing organisms, and reintroduce oxygen into the atmosphere. Grow plants and trees at home and receive clean air from nature!



Nearly half of all human medicines now in use were taken from nature. A famous example is aspirin, which came from a compound found in the bark and leaves of the willow tree. Scientists identified an anticancer compound in the rosy periwinkle plant and the venom of the saw-scaled viper snake from Africa. Nature keeps humans healthy!

For more information on being Water Wise please contact 0860 10 10 60 or log onto www.randwater.co.za and click on the Water Wise logo



References:

- Scientific American
- Conservation International
- Britannica.com
- Craftinvaders.co.uk